

FROM
The Promise That
Changes Everything,
I Won't Interrupt You
BY
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The 10 Components

"Independent thinking doesn't just happen. This quality of thinking arises... only if the conditions are welcoming."

Attention

Listening without interruption and with interest in where the person will go next in their thinking

Equality

Regarding each other as thinking peers; giving each an equal time to think

Ease

Noticing and discarding internal urgency

Place

Producing a physical environment - the room, the listener, your body - that says 'You matter'

Difference

Championing our inherent diversity of identity and thought

Appreciation

Noticing what is good and saying it

Information

Absorbing the facts: data, denial, social context

Encouragement

Giving courage to go to the unexplored edge of our thinking by ceasing competition as thinkers

Feelings

Welcoming the release of emotion

Incisive Questions

Freeing the human mind of an untrue assumption lived as true